

Commitment Contract

(Goal/Direction) until or by (Date) if I am able to receive or find the following items from that are required to support my commitment:	
until or by (Date) if I am able to receive or find the following items from	
(Date) if I am able to receive or find the following items from	
- ** *	
1. Consistent, Clear Direction (what is stated above does not change)	
2. Resources:	
3. Protections:	
4. Motivations:	
5. Respect and support	
6. And that you will help me stay accountable with these measurements:	
If during this time, direction changes so much that I feel less committed, we'll review and may update or cancel the contract.	his
Signed:	
Dated: (© 2019 Chris Harden, from "Mastering Commitment")	

Value Template: *Value: Commitment. At* ______, we value leaders and teammates who stay committed. We give our people the appropriate resources, protection, direction, and respect to reach our goals. We strive to align their motivations with ours while holding them accountable with measurement to deliver great work. The result is that we achieve a high level of excellence for our organization which makes us stronger in any market we approach. Here's a template that you can use for every annual review. Have your employees fill out this statement: In order to hold up the Commitment value, I have done the following thing(s): (Each employee fills this in. Please choose one or more below.) Describe how you... provided or asked for appropriate resources, protection, or direction. gained respect from, or grew respect for, a colleague. explored my own personal motivations to see how they align with what the business is asking of me. held someone accountable or held myself accountable when needed. showed commitment to my company

showed commitment to my team

Survey

Below is a survey to help us see if you have what you need to feel committed to reaching our organization's goals. Please choose the answer that best matches how much you agree or disagree with each statement:

Direction:				
I believe my team kr	nows exactly what	we are supposed to do at an	y given time.	
☐ strongly disagree	☐ disagree	neither disagree not agree	☐ agree	☐ strongly agree
I believe my team kr	nows exactly when	re we are headed over the nex	xt year.	
☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
I know exactly what	is expected of me	in order to do the best job I	can do.	
☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
My leaders give very	y consistent direct	ion, without significant chan	ge.	
☐ strongly disagree	☐ disagree	neither disagree not agree	☐ agree	☐ strongly agree
Resources:				
I have everything that	at I need to do my	job most effectively.		
☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
My team has everyth	ning that it needs t	o do its job most effectively.		
☐ strongly disagree	☐ disagree	neither disagree not agree	☐ agree	☐ strongly agree
When our team need	ls something, our	leadership quickly gets us wl	hat we need in orde	er to do our job
effectively.				
☐ strongly disagree	☐ disagree	neither disagree not agree	☐ agree	☐ strongly agree
Accountability:				
My leadership fully	expects me to deli	ver on all of my commitmen	nts at the end of our	development period.
☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
We track clear metri	cs on our program	a, so we know how well we a	are doing.	
☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
At any point, my lea	der and I know ex	actly how close I have gotte	n to achieving my	goals for the period.
☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
Our team regularly d	lelivers on all of o	ur commitments at the end o	of our development	neriod

☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
I am generally able t	to deliver on all of	my estimated work by the e	nd of a developme	nt period.
☐ strongly disagree	disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
Motivation:				
My financial needs a	are being met here			
☐ strongly disagree	☐ disagree	neither disagree not agree	☐ agree	☐ strongly agree
My career needs are	being met here.			
☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
I feel a high level of	autonomy in my	work.		
☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
I am not micromana	ged.			
☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
I am learning about	or mastering some	ething of value.	while working on t	his effort.
☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
I have a sense of pur	pose here.			
☐ strongly disagree	☐ disagree	neither disagree not agree	☐ agree	☐ strongly agree
Protection:				
In any given develop	oment cycle, our to	eam is able to stay focused o	n our commitment	s and avoid any
distractions from the	e outside.			
☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
In any given develop	oment cycle, I am	an able to stay focused, and	I don't get distracte	ed working on things
outside of my comm	itments.			
☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
In any given develop	oment cycle, no or	ne comes up to me and asks t	for favors or tasks	outside the ones I have
already committed to	0.			
☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree



Respect: I respect my boss. ☐ strongly disagree ☐ disagree ☐ neither disagree not agree ☐ agree ☐ strongly agree My boss respects me. ☐ strongly disagree ☐ disagree ☐ neither disagree not agree ☐ agree ☐ strongly agree I respect all of my teammates. □ agree ☐ strongly disagree ☐ disagree ☐ neither disagree not agree ☐ strongly agree All of my teammates respect me. ☐ strongly disagree ☐ disagree ☐ neither disagree not agree □ agree ☐ strongly agree My company respects my role in this organization. ☐ agree ☐ strongly disagree ☐ disagree ☐ neither disagree not agree ☐ strongly agree **Fortifiers:** Communications: We use email very effectively to get our jobs done. ☐ strongly disagree ☐ disagree ☐ neither disagree not agree \square agree ☐ strongly agree We use meetings very effectively to get our jobs done. ☐ strongly disagree ☐ disagree ☐ neither disagree not agree \square agree ☐ strongly agree We use documentation very effectively to get our jobs done. ☐ strongly disagree ☐ disagree ☐ neither disagree not agree ☐ agree ☐ strongly agree We use our project management tools very effectively to get our jobs done. ☐ strongly disagree ☐ disagree ☐ neither disagree not agree ☐ agree ☐ strongly agree **Training:** My on-the-job training has been very effective in preparing me to do a better job. ☐ strongly disagree ☐ disagree ☐ neither disagree not agree ☐ agree ☐ strongly agree Our team wide training has been very effective in helping us to do a better job. ☐ strongly disagree ☐ disagree ☐ neither disagree not agree \square agree ☐ strongly agree My company or team clearly invests in regular training so that we can do a better job. ☐ strongly disagree ☐ disagree ☐ neither disagree not agree \square agree ☐ strongly agree

Download these and more helpful materials from MasteringCommitment.com

Ramp-up:				
Our ramp-up docum	entation and proc	ess need no improvement.		
☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
Our ramp-up and do	cumentation proc	ess affectively get our new h	ires integrated into	our team as quickly
as possible.				
☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
Our leadership make	es it clear that they	y value a good community-di	riven ramp up proce	ess for new hires.
☐ strongly disagree	disagree	☐ neither disagree not agree	agree	☐ strongly agree
Team Building:				
Our team building ex	xercises occur reg	ularly.		
☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
Our team building ex	xercises are effect	ive at helping me to get to ki	now my teammates	
☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
Our team building ex	xercises are effect	ive at helping me to get to ki	now my leadership.	
☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
I feel like a critical p	oart of my team.			
☐ strongly disagree	disagree	☐ neither disagree not agree	agree	☐ strongly agree
Leaders, you are we	lcome to add othe	er fortifiers to your survey lis	tings.	
Overall Trust:				
I trust my leadership	to care about me	and my personal needs.		
☐ strongly disagree	☐ disagree	neither disagree not agree	☐ agree	☐ strongly agree
I trust my leadership	to care about my	career moving forward.		
☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
I trust my leadership	to care about my	personal growth.		
☐ strongly disagree	☐ disagree	neither disagree not agree	☐ agree	☐ strongly agree
I trust that my teamr	nates are doing th	e best job they can.		
☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
I trust my organizati	on will look out f	or me when times get hard.		
☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree

<u>Turnover:</u>				
I do not plan to leave	e this organization	on anytime soon.		
☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
Should I decide to le	ave this organization	ation, I will first talk with my	leaders to share w	thy I want to leave and
give them an opportu	unity to help me	resolve my concerns and stay		
☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
I have no reason that	would make me	e want to leave this organization	on.	
☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
I have no reason that	would make me	e want to stay.		
☐ strongly disagree	☐ disagree	neither disagree not agree	☐ agree	☐ strongly agree
I like my company.				
☐ strongly disagree	☐ disagree	neither disagree not agree	☐ agree	☐ strongly agree
I like my boss.				
☐ strongly disagree	disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
Commitment:				
I have everything I n	eed to fully com	mit to delivering my work on	time.	
☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
I am ready to work n	nore hours here	and there to ensure I meet my	commitments.	
☐ strongly disagree	☐ disagree	neither disagree not agree	☐ agree	☐ strongly agree
I often do work more	e hours than exp	ected to ensure I meet my con	nmitments.	
☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
This organization give	ves me no compo	elling reasons to work more th	an a normal work	week.
☐ strongly disagree	☐ disagree	☐ neither disagree not agree	☐ agree	☐ strongly agree
(Pick one) I like my:				
☐ company more than	my team	am more than my company \Box c	company and team the	e same